

Lake Washington Masters Team Records LCM

Men 18-24

Women 18-24

	50 Free	
	100 Free	
	200 Free	
	400 Free	
	800 Free	
	1500 Free	
	50Fly	
	100 Fly	
	200 Fly	
	50 Back	
	100 Back	
	200 Back	
	50 Breast	
	100 Breast	
	200 Breast	
	200 IM	
	400 IM	

Men 25-29

Women 25-29

	50 Free	
	100 Free	
	200 Free	
	400 Free	
	800 Free	
	1500 Free	
	50Fly	
	100 Fly	
	200 Fly	
	50 Back	
	100 Back	
	200 Back	
	50 Breast	
	100 Breast	
	200 Breast	
	200 IM	
	400 IM	

Men 30-34

Women 30-34

	50 Free	
	100 Free	
	200 Free	
	400 Free	
	800 Free	
	1500 Free	
	50Fly	
	100 Fly	
	200 Fly	
	50 Back	
	100 Back	
	200 Back	
	50 Breast	
	100 Breast	
	200 Breast	
	200 IM	
	400 IM	

Men 35-39

Women 35-39

	50 Free	
	100 Free	
	200 Free	
	400 Free	
	800 Free	
	1500 Free	
	50Fly	
	100 Fly	
	200 Fly	
	50 Back	
	100 Back	
	200 Back	
	50 Breast	
	100 Breast	
	200 Breast	
	200 IM	
	400 IM	

Men 40-44

Women 40-44

Mats Nygren, 44	27.93	50 Free	
Mats Nygren, 44	1:01.20	100 Free	
Mats Nygren, 44	2:10.95	200 Free	
Mats Nygren, 44	4:41.84	400 Free	
Mats Nygren, 44	9:50.82	800 Free	
		1500 Free	
		50 Fly	
		100 Fly	
		200 Fly	
		50 Back	
		100 Back	
Mats Nygren, 44	2:53.43	200 Back	
		50 Breast	
		100 Breast	
		200 Breast	
		200 IM	
		400 IM	

Men 45-49

Women 45-49

Blair Elander, 49	29.36	50 Free	
Blair Elander, 49	1:05.18	100 Free	
Blair Elander, 49	2:28.19	200 Free	
Blair Elander, 49	5:21.83	400 Free	
Blair Elander, 49	11:09.99	800 Free	
Blair Elander, 49	20:53.98	1500 Free	
Jay Pearson, 49	33.70	50 Fly	
		100 Fly	
		200 Fly	
Blair Elander, 49	36.53	50 Back	
		100 Back	
		200 Back	
		50 Breast	
Blair Elander, 49	1:24.20	100 Breast	
Blair Elander, 49	3:15.73	200 Breast	
		200 IM	
		400 IM	

Men 50-54

Women 50-54

	50 Free	
	100 Free	
	200 Free	
	400 Free	
	800 Free	
	1500 Free	
	50Fly	
	100 Fly	
	200 Fly	
	50 Back	
	100 Back	
	200 Back	
	50 Breast	
	100 Breast	
	200 Breast	
	200 IM	
	400 IM	

Men 55-59

Women 55-59

		50 Free	
Rick Collela, 59	1:17.12	100 Free	
		200 Free	
Rick Collela, 59	5:17.18	400 Free	
		800 Free	
		1500 Free	
		50Fly	
		100 Fly	
		200 Fly	
		50 Back	
		100 Back	
		200 Back	
		50 Breast	
		100 Breast	
Rick Collela, 59	2:46.93	200 Breast	
		200 IM	
		400 IM	

Men 60-64

Women 60-64

	50 Free	
	100 Free	
	200 Free	
	400 Free	
	800 Free	
	1500 Free	
	50Fly	
	100 Fly	
	200 Fly	
	50 Back	
	100 Back	
	200 Back	
	50 Breast	
	100 Breast	
	200 Breast	
	200 IM	
	400 IM	

Men 65-69

Women 65-69

	50 Free	
	100 Free	
	200 Free	
	400 Free	
	800 Free	
	1500 Free	
	50Fly	
	100 Fly	
	200 Fly	
	50 Back	
	100 Back	
	200 Back	
	50 Breast	
	100 Breast	
	200 Breast	
	200 IM	
	400 IM	